## PERU CENTRAL SCHOOL DISTRICT

## Athletic Department Office

P.O. Box 68 | 17 School Street | Peru, New York 12972 | Phone: 518-643-6300 | Fax: 518-518-643-6084

## To: Parents of students grades 7-12

Students wishing to participate in ANY sport throughout the school year will need to complete ALL the NYS required forms **every season**. Please make sure you and your child fill out all the forms completely and return to the Nurses office for clearance. All sports will need a physical within a year of the start of the sport.

PLEASE RETURN ALL FORMS TO THE NURSE DURING SPORTS SIGN UP TIME FRAMES. Also, due to NYS requirements it is always best to hand in sports forms in the beginning of sports sign up times, please avoid waiting until the last minute as this may cause delays in clearance. The following forms need to be handed in

- 1. Student Athlete Contract
- 2. Transportation Permission form
- 3. Updated physical by a NYS healthcare provider
- 4. Parent/Athlete Concussion signature page
- 5. Interval Health History for Athletes
- 6. If your child self carries a medication, please sign the permission for them to self carry. A doctor's order must also be on file.
- 7. If your child needs any additional clearance, such as clearance from surgeries or injuries, please provide a copy.

If you have any questions, please contact your child's School Nurse or the Athletic Coordinator

Kathy Ames, RN Josi Hart, BSN Amie Marshall
Peru Middle School Peru High School Athletic Coordinator
<a href="mailto:kames@perucsd.org">kames@perucsd.org</a>
ph: 518-643-6306 Ph: 518-643-6442 Ph: 518-643-6301
Fax: 518-643-6081
Fax: 518-643-6081

