

# MARCH 2024

## PERU MIDDLE / HIGH SCHOOL

Every day we offer a delicious and varied salad bar full of fruits and veggies.

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**4**  
**BBQ Chicken on a Bun**  
 Pasta Salad  
 Fruits & Veggies  
 Milk

**11**  
 Italian Pork Hoagie  
 (Pulled Pork w/ cooked onions and peppers, topped with Mozz Cheese on a hot dog roll)  
 Homemade Soup  
 Fruits & Veggies  
 Milk

**18**  
**Shepherd's Pie**  
 Irish Soda Bread Muffin  
 Shamrock Shake  
 Fruits & Veggies  
 Milk

**25**  
**Pasta w/ Meat**  
 or Marinara Sauce  
 Garlic Bread  
 Fruits & Veggies  
 Milk

**5**  
**Italian Dunkers**  
 w/ Marinara Sauce  
 Chef's Salad  
 Fruits & Veggies  
 Milk

**12**  
**Cheeseburger Wrap**  
 w/ Lettuce, Tomato, Onion  
 Nighthawk Sauce  
 Pasta Salad  
 Fruits & Veggies  
 Milk

**19**  
**Chicken or Bean**  
 Quesadillas  
 Dirty Rice  
 Black Bean and Corn Salad  
 Fruits & Veggies  
 Milk

**26**  
**Mashed Potato Bowl**  
 Chicken in Gravy, Corn,  
 Cheddar Cheese  
 Dinner Roll  
 Fruits & Veggies  
 Milk

**6**  
**Carnitas Pork Tacos**  
 Rice / Taco Salad  
 Refried Beans  
 Fruits & Veggies  
 Milk

**13**  
**Build your own Rice Bowl**  
 Chicken / Corn / Black Beans  
 Fruits & Veggies  
 Milk

**20**  
**BBQ Pulled Pork**  
 Mac and Cheese  
 Green Beans  
 Fruits & Veggies  
 Milk

**27**  
**Sloppy Joe on a Bun**  
 Baked Beans  
 Fruits & Veggies  
 Milk

**7**  
**Chicken Parm Pasta Bake**  
 Roasted Broccoli  
 Dinner Roll  
 Fruits & Veggies  
 Milk

**14**  
**Cheese, Pepperoni,**  
 Specialty Pizza  
 Tossed Salad  
 Fruits & Veggies  
 Milk

**21**  
**Sticky Chicken**  
 Lo Mein  
 Roasted Broccoli  
 Fruits & Veggies  
 Milk

**28**  
**Cheese, Pepperoni,**  
 Specialty Pizza  
 Tossed Salad  
 Fruits & Veggies  
 Milk

**1**  
**Cheese, Pepperoni**  
 or Buffalo Chicken Pizza  
 Caesar Salad  
 Fruits & Veggies  
 Milk

**8**  
**Cheese, Pepperoni,**  
 Specialty Pizza  
 Tossed Salad  
 Fruits & Veggies  
 Milk

**15**  
**Half Day Bunch!**  
 Bacon, Egg and Cheese Sandwich  
 Sausage and Egg Sandwich  
 Homefries  
 Peach Strawberry Smoothie  
 Fruits and Veggies  
 Milk

**22**  
**Cheese, Pepperoni,**  
 Specialty Pizza  
 Caesar Salad  
 Fruits & Veggies  
 Milk

**29**  
**Happy Spring Break!**  
  
 No School

Your child can get 3 items free even if they bring lunch!!

Alternate choices are PB&J or Egg Salad Sandwich.

All Students eat free in our school.

