

# Athletic Eligibility

Students in grades 7-12 are eligible to participate in school sports.

Each student must have:

- A current physical (within 1 year) on file in the nurse's office. School physicals are offered at the start of each sports season, only during the school year. NO PHYSICALS are offered in August.
  - Health screenings (vision, hearing, BP, pulse, HT, WT) done by the nurse.
  - An updated health history (blue form).
  - An NCR form (white, yellow, pink form) completed and signed by parent and student.
  - A medication form, if necessary, (ex. inhalers, epipen, etc.) to be completed and signed by both physician and parent.
- \*A concussion policy signature sheet (completed yearly)*

**All forms necessary can be picked up in the nurse's office. The Health Office must review and approve all paperwork prior to the start of each sports season. Failure to complete the paperwork and meet all the health requirements by the start date may prevent the athlete from participating in try-outs or practices.**